

10. When you are with another person you know very well (friend, relative), how much time do you think you spend listening to that person, not talking? How about when you are with someone you don't know very well? Are you a talker or a listener?

9. Have you ever visited a foreign country? What was it like? If you could go to a different country to live for a year, what country would you pick and why?

8. Do you know of anyone in your close family who is physically or mentally challenged? How do you see that affecting his or her life and the life of the family?

7. On the other hand, what are really good experiences you have had in your life? These might include: winning something; taking a trip; owning something expensive or important to you.

6. Sometimes having a very good or a very bad experience can help you understand a relative or pet; extended illness; moving; a bad experience at school. Someone else who also goes through a similar experience. What are some uppleasant or bad life experiences you have had? These might include: death of a relative or pet; extended illness; moving; a bad experience at school.

5. List 5 friends or people you know well. For each one, write ways you are like that person and then ways you are different from that person. Do you have common interests? Common relatives? Do you have different interests? Different abilities?

4. What movies or books have you read where the people or characters switch places or lives? What did they conclude at the end?

3. Who would you least like to switch lives with for a month? What would you dislike about that person's life?



0 1 2 3 4 5

1. How understanding of other people are you? Rate yourself: 0 (not understanding at all) to 5 (very understanding). Another's point of view) to 5 (very

2. Who would you like to switch places with for a month? Think about that person's lifestyle, friends, job, possessions, and so on. Why would you like to be that person? Do you think that person would like some things about your life?

3. Who would you least like to switch lives with for a month? What would you dislike about that person's life?

What?

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