

## Journal Ideas: Responsibility



1. *Rate yourself:* How well do you take responsibility?  
0—I'm not very responsible.  
1—I'm usually not responsible.  
2  
3 -Sometimes I am responsible.  
4  
5—I am always responsible.
2. What jobs or chores are you responsible for at home? at school? in the community?
3. How does it make you feel when someone says, "I know (you) can do the job." What if you aren't sure you can do the job?
4. What jobs or careers do adults have that require a lot of responsibility? For what things does a doctor or medical person have to be responsible for? What about an office worker?
5. What job or task do you wish someone would trust you with, but hasn't yet? Why do you think you haven't been given this responsibility yet?
6. What are some things (jobs or tasks) that adults can do, but children are not allowed to do? Why do you think children have to wait until they are older to do things like drive a car, hold a job, etc.? What does AGE have to do with responsibility?
7. Think about a person you know (don't name names) who is very responsible. What does this person do or say that makes you think he or she can be trusted to do the job?
8. Have you ever let someone down who was counting on you to be responsible? How did it make you feel? What happened? What could you do to change things?
9. Why do you think some people don't want jobs that require responsibility? Would you rather have an easy job that didn't require much (but didn't pay well) or would you rather have a job that required a lot of responsibility but had some rewards? What are some examples of these kinds of jobs?
10. Have you ever heard someone say, "Remind me to stop and get —"? What other kinds of "back-up" plans do people create to help them remember to take responsibility?